

**HOUSTON HEIGHTS HIGH SCHOOL
STUDENT HEALTH ADVISORY COUNCIL (SHAC)
MINUTES OF MEETING**

**REGULAR MEETING – April 1, 2026, 3:30 p.m.
HOUSTON HEIGHTS HIGH SCHOOL ADMINISTRATION OFFICE – 1125 Lawrence St.
Houston, TX 77008**

I. Routine Business Items

A. Call to Order 3:33 pm Adjourned 4:02 pm

B. Establish or Review Roles Introductions

McCready:SHAC Facilitator | Liaison ; Griffin:Counselor | Scribe ; Ms. Figueroa:Vice-Chair;

Elizabeth McClung (present) Savannah Saucedo (present) (present)

II. Updates

A. Campus Updates – Reviewed previous minutes (12/15/2025)

- New chair was elected and agreed upon by all members. Former chair had to step down. Ms. McClung agreed to be chair.
- Reviewed previous minutes: resume writing; suicide prevention; self-defense; etc.
- Reviewed how topics are shared with students in class meetings.

B. Counselor Updates

- Review suicide intervention presentations
- Need for teen violence prevention resources
- Need grants for programs/ mindfulness, breathwork; free apps will be explored

C. Required Training Updates

- Explore reproductive health curriculums which include information on abstinence plus birth control options
- Requesting samples of TEA-approved health textbooks to see how reproductive health is covered

D. Safety and Security Updates

- New security officer is Captain Stewart. The previous officer had to step down.

SHAC will reconvene on 4/29/2026 @ 3:30 pm