

**HOUSTON HEIGHTS HIGH SCHOOL  
STUDENT HEALTH ADVISORY COUNCIL (SHAC)  
NOTICE OF MEETING**

**REGULAR MEETING – November 3, 2025, 3:30 p.m.  
HOUSTON HEIGHTS HIGH SCHOOL ADMINISTRATION OFFICE – 1125 Lawrence St.  
Houston, TX 77008**

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**I. Routine Business Items**

A. Call to Order                      3:30 pm                      Adjourned @ 3:54 pm

B. Establish or Review Roles                      Introductions

McCready:SHAC Facilitator | Liaison ; Griffin:Counselor | Scribe ; Ms. Figueroa:Vice-Chair;  
Ms. Moreno:Chair

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**II. Updates**

A. Campus Updates – Explanation of the purpose and mission of the SHAC. Discussion of the by-laws and the need to elect a chairperson and a vice chairperson. Ms. Moreno was voted in as chairperson and Ms. Figueroa as vice chair. Topics for the campus (ie, bullying; suicide) were reviewed.

B. Counselor Updates – Suicide Prevention starting Thursday 11/06 (Freshman); 11/13 (Sophomore); 12/04 (Juniors); 12/11 (Seniors). Possible lunch bunch 1-2x's per month for relationship health. New agency for substance abuse recovery & mental health will come to campus to share materials.

C. Required Training Updates – Parent suggestion for campus coverage of the danger of energy drinks and effect of social media on mental health, as well as young/teen parenting. Self-defense courses for females - a high % of students who walk.

D. Safety and Security Updates – Explanation of school/safety procedures - locked restrooms; cameras with audio; etc. School safety meeting scheduled Dec. 12th.

– Re-convene for 2nd meeting in December [ 12/15/25 @ 3:30 pm]