

251215_1634 SHAC Meeting Recording

Transcript

<https://otter.ai/u/oYLkinz8ThajAeRUij4nxaqAUig?view=summary>

The School Health Advisory Committee (SHAC) meeting on December 15 covered several key points. Dana Griffin discussed the SOS curriculum on suicide awareness, which included risk factors, self-injurious behaviors, and statistics from 2024. The training was conducted for freshmen, sophomores, and juniors, with plans to address seniors in January. The committee also discussed the dangers of energy drinks and the need for self-defense training for females. Immunization records were updated, and safe gun storage information will be sent home with report cards. The next meeting is tentatively scheduled for January 13 or 26.

Action Items

- Collect feedback from committee members via email on which energy-drink danger video to show, choose the video, and present the selected video to student class meetings next month
- Follow up with the self-defense business (confirm availability, cost, and whether they will offer a free or low-cost session) and remind committee members to review the emailed vendor link
- Include safe gun-storage information and the suicide hotline/text line (988) on the materials sent home with students' report cards this Friday
- Select possible dates for the January SHAC meeting (avoid Mondays when possible), send the date options to committee members, and finalize the meeting date by email
- Deliver the required suicide-awareness (SOS) training session to the seniors when school resumes in January
- Plan to offer resume-writing assistance in upcoming class meetings and identify students who need help creating or updating resumes

Achievements

- Speaker 1: Convened meeting, planned report-card safe gun storage handout, organized upcoming class meetings and trainings.
- Speaker 2: Delivered SOS suicide-prevention sessions for freshmen, sophomores, juniors; interactive student engagement noted.
- Speaker 3: Helped student Hector create a resume and discussed firearm lockbox ownership and safety.
- Speaker unknown: Introduced as parent of HC; no update beyond attendance.

Priorities

- Implementing SOS suicide-awareness curriculum across all grades, seniors scheduled in January.
- Address teen dating violence and energy drinks in upcoming class meetings.
- Distribute safe gun storage resources with report cards this Friday.
- Plan self-defense training options for female students via local vendor outreach.
- Continue vaping and e-cigarette prevention planning for spring.

Challenges

- Emails about videos and self-defense vendor were missed or buried, limiting feedback collection.
- Need parent/student feedback to choose energy-drink video; requested email responses.
- Seniors' trainings deferred until January, requiring schedule coordination upon return.

Collaboration

- Coordinator asked members to review emailed videos and dates, requesting responses for scheduling alignment.
- Principal to send possible January meeting dates by email for group agreement.

Deliverables

- Safe gun storage materials to be sent home with report cards this Friday.
- Senior suicide-awareness session scheduled for January after winter break.
- Energy-drink presentation video selection to be decided via member email feedback before student presentations.

Updates

- Immunization records submission to the state completed last Friday.
- State recommends sharing safe gun storage information over the holidays; planning to follow recommendation.

Open Questions

- Sex education scheduling and approach deferred to January meeting.
- Finalizing dates for January meeting and video selection remain unresolved awaiting email responses.